



Children's Anti Bullying Policy

Aims of this policy

To ensure that everyone in our school:

- is comfortable and happy in school
- feels safe and free from harm
- is able to learn, join in class discussions and ask and answer questions
- is able to enjoy playtimes and lunchtimes
- knows that they can talk to other children and adults if they are unhappy or feel that people are being unkind or bullying them
- knows that the adults will listen to their problems and work with them to make things better
- is able to use the internet without fear of bullying

This policy links with our schools Positive Behaviour Policy

What is Bullying?

We have discussed our understanding of bullying and agree that it is not bullying when someone says or does something unkind to you just once.

We believe that bullying:

- happens repeatedly – this may be every day or frequently
- is one of the worst things that can happen to you
- is intentional, planned, disrespectful, hurtful and disgraceful anti-social behaviour
- may be hurting someone physically or mentally
- is carried out by a person / people who feel inferior and need to hurt others in order to make them feel big and powerful
- shows no consideration for other people's feelings
- we understand that bullying can be carried out by electronic means – e.g cyber bullying and text messaging.

What forms may bullying take?

Bullying may be carried out by one person or a group of people. It may be done to one person or a group of people.

Bullying may be:

- hurting someone physically – hitting, punching, kicking, strangling, throwing things, scratching, biting, damaging someone’s things, tripping someone up deliberately.
- hurting someone mentally – saying mean things, name calling, black mail, lying about people , laughing at or making fun of people, pulling nasty faces.
- Cyber Bullying – is another form of mental / emotional bullying which takes place on the internet or mobile phones and devices. This is obviously not face to face but is equally as upsetting.

Who are bullies?

Bullies may be people of your own age or they may be older or younger than you.

What should we do if we feel we are being bullied?

- Always tell a friend
- Always tell an adult in school or your parents – it is not wrong to tell. The only way to stop it is to get help. All of your worries are taken very seriously.
- If possible ignore the bully and walk away

How can we work together to prevent bullying from happening in our school?

- Take care of each other
- Ensure that everyone follows the class and whole school charters which encourage positive behaviour at all times and respect for each other.
- If we see things happening to other children that we feel unhappy about, tell an adult and maybe talk to the bully about their behaviour
- Think about how what we say and do might make other people feel upset.
- Remember that we have many similarities to other people but we also have many differences. But we are all special and unique.
- **Remember bullying is never ok and must be stopped. Tell someone**

Written April 2014