

## **Children's Anti Bullying Policy**

### **Aims of this policy**

To ensure that everyone in our school:

- is comfortable and happy in school
- feels safe and free from harm
- is able to learn, join in class discussions and ask and answer questions
- is able to enjoy playtimes and lunchtimes
- knows that they can talk to other children and adults if they are unhappy or feel that people are being unkind or bullying them
- knows that the adults will listen to their problems and work with them to make things better
- is able to use the internet without fear of bullying

This policy links with our schools Positive Behaviour Policy

### **What is Bullying?**

We have discussed our understanding of bullying and agree that it is not bullying when someone says or does something unkind to you just once. We believe that bullying:

- happens repeatedly – this may be every day or frequently
- is one of the worst things that can happen to you
- is intentional, planned, disrespectful, hurtful and disgraceful anti- social behaviour
- may be hurting someone physically or mentally
- is carried out by a person / people who feel inferior and need to hurt others in order to make them feel big and powerful
- shows no consideration for other people's feelings
- we understand that bullying can be carried out by electronic means – e.g cyber bullying and text messaging.

## What forms may bullying take?

Bullying may be carried out by one person or a group of people. It may be done to one person or a group of people. Bullying may be:

- hurting someone physically – hitting, punching, kicking, strangling, throwing things, scratching, biting, damaging someone's things, tripping someone up deliberately.
- hurting someone mentally – saying mean things, name calling, black mail, lying about people, laughing at or making fun of people, pulling nasty faces.
- Cyber Bullying – is another form of mental / emotional bullying which takes place on the internet or mobile phones and devices. This is obviously not face to face but is equally as upsetting.

## Who are bullies?

Bullies may be people of your own age or they may be older or younger than you.

## What should we do if we feel we are being bullied?

- Always tell a friend
- Always tell an adult in school or your parents – it is not wrong to tell. The only way to stop it is to get help. All of your worries are taken very seriously.
- If possible ignore the bully and walk away

## How can we work together to prevent bullying from happening in our school?

- Take care of each other
- Ensure that everyone follows the class and whole school charters which encourage positive behaviour at all times and respect for each other.
- If we see things happening to other children that we feel unhappy about, tell an adult and maybe talk to the bully about their behaviour
- Think about how what we say and do might make other people feel upset.
- Remember that we have many similarities to other people but we also have many differences. But we are all special and unique.
- **Remember bullying is never ok and must be stopped. Tell someone**

Signed:

Chair of Academy Committee  
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